1:Sanders Z-5/t (1952-1959) 1962 EH1 Greece EH1



291 [765] older women wearing dark brown and the girls white. Black scarfs are for mourning only.

[292] [294] In the Peloponnesos the men buy their trousers and coats but wear home-made underwear and shirts. They have a good suit for Sunday which, when it becomes threadbare, they wear every day. The socks are woolen and are made at home. Sandals are often worn in the fields while regular shoes are reserved for occasions when the men dress up in their best. The cap is such [609] a favorite headgear in the Peloponnesos that if a villager sees a man with a hat he will assume that he is an outsider. The children dress like the adults, although the boys wear short trousers.

283 [461] [527] [286] Behind the garments lie many long patient hours of painstaking work. The women make their own woolen thread but buy the cotton thread. They spin when otherwise unoccupied, for they feel that they must be busy with some handiwork except on Sunday, a day on which they do not even touch a needle or spindle. In many villages one still finds that practically every house has its own loom, stored during the summer but busy in the winter as each woman tries to supply her family's needs and as the unmarried girls work on their dowries. These looms eat up so much thread that spinning never seems to be completed.

438 286 [437] Younger women, seeking some release from this onerous task of making so much cloth at home, use their meager funds for the purchase of store-bought goods. They even exchange with the town merchants some of the priceless costumes, which have been handed down through many years, for factory-made cloth that gives them a more fashionable feel.

286 517 In the Pelion district around Volos the only examples of popular art being produced today are the blankets and household linen which the women continue to make on their crude looms. According to Kitsos A. Makres, who has written extensively on this subject,[9] they continue this weaving because of a romantic, unconscious desire to give the same decorative color to the house that they have known all of their lives. He points out that buying the industrial materials is more economical but that the aesthetic urge keeps the women's handicrafts alive.

286 184 [438] The most detailed study of national costumes and the art of weaving and embroidering in Greece has been made by Angelike Chatzemichale.[9] She and others associated with her have tried to stimulate the increase in such handicrafts, for which there is a ready sale in Greece and abroad. She finds that the main variations in materials used are between the mainland and the islands. On the mainland the goods are handwoven from wool to stand hard wear, an exception being in Epirus where cotton and linen materials are made for household use. In the cities, such as Salonica and Volos, silk has long been popular. On the islands, however, few woolen materials are used since the preference is for cotton, silk, and felt.[10] The villages of the mainland, particularly in the mountains, have had to be much more self-sufficient

help in the care of fruit trees that the provincial government had arranged to plant on the highway near the village.

The farmers are willing to try some variations if they can use the techniques they know and understand. Cotton prices had been low in 1958. In 1959, therefore, about four or five of Vasilika's farmers planted some of their cotton lands as melon patches, intending to sell the produce in Levadhia or in Athens. By 1961, they had gone back to raising cotton, because the experiment had failed. One of Vasilika's farmers prefers to use his irrigated land as a truck farm, and he and his son sell the produce in the surrounding villages. He argues that with a vegetable crop the cash returns are faster and he incurs fewer debts.

## Livestock

Each of the farm-owning households also maintains some animals. One or two horses, a mule or a donkey, some five to twenty sheep, and one or two goats constitute the range of livestock ownership for each household. The horses, as we have seen, pull the plow and the cultivators in the fields. Together with the mules and donkeys, they also serve as pack animals. The pack saddle of wood and leather is of a design that has remained virtually unchanged from Homeric times. It is used not only for carrying loads, but also for carrying people who ride sidesaddle among the paths, through the fields, and between the villages. Sidesaddle is the normal riding position for both men and women, but in the spring, when the horses are let out to pasture on the hillside, the young men of the village sometimes ride them home bareback, astride, galloping and whooping in what they call *kaouboi* fashion.

The villagers do not give their animals individual names, and they take no particular care to keep them physically comfortable. They will hitch them in the shade of a tree in the fields if that is possible, but the farmers may not remove the saddles for an entire day. The animals are beaten with switches and kicked to make them work, and children are permitted to tease donkeys. Nevertheless, the villagers occasionally pat one of their beasts and sometimes encourage children to kiss the ears of a horse and to feed it a lump of sugar.

Sheep, except for the lambs, are cared for by the shepherds. Of a hardy mountain breed capable of surviving the rigors of Greek pasturage and climate, the sheep as milk and wool producers augment the food supply and sometimes the cash of the farmers. Sheep milk is rarely drunk in liquid form, but yoghurt and cheese are prepared from it. The white cheese is a staple of the villagers' diet. They eat yoghurt less frequently and prepare it only as a special dish in milk season.

The villagers raise a special lamb each year to slaughter at Easter, but otherwise rarely eat lamb or mutton. They will consume a sheep that dies of age or disease, and they slaughter sheep for some special occasion such as a wedding, or someone's name day. At shearing time, wool is boiled in large kettles, washed in the river, sent to town for carding, and then dyed and spun into thread at home by the women.